

Office Policies
Jessica P. Harrell, Ph.D.

Confidentiality

All information disclosed during sessions and the written records pertaining to those sessions are confidential and may not be revealed to anyone without your written permission, except where disclosure is required by law.

When Disclosure is Required By Law: Some of the circumstances where disclosure is required by law include: when there is reasonable suspicion of child, dependent, or elder abuse/neglect; when a patient presents a danger to self or others; when the patient cannot take care of basic needs.

Release of Your Records: Upon your written request, I will release your records to any agency/person you specify unless I assess that releasing such information might be harmful in any way. In the case of couples therapy, the couple agrees that the release of records will require signed consent by both parties except for circumstances described above.

Consultation: For purposes of quality and ethical care, I may on occasion consult with my colleagues. A patient's name or other identifying information, however, is never mentioned. The patient's identity remains anonymous and confidentiality is maintained.

Telephone and Emergency Procedures

If you need to contact me between sessions, please leave a message on my voice mail at my office number (248-767-5985) and I will return your call, usually within one day. If, in the event of an emergency, you cannot reach me or I am unable to respond immediately, call 911 or go to an emergency room if you cannot wait.

Fees and Billing Procedures

Initial Evaluation: \$185.00

Individual Session (45 minutes): \$120.00

Couples Session (60 minutes): \$150.00

Family Session (with patient present) (45 minutes): \$120.00

Family Session (without patient present) (45 minutes): \$120.00

Half-session (Individual only; 25 minutes): \$80.00

*Phone consultations: There is no charge for periodic phone contact between sessions. However, in those rare instances when frequent and/or lengthy phone contact is necessary, a rate of \$30.00 per 15 minutes will be applied. I will discuss with you any charges that may be applied before they occur.

Patients are expected to pay their balance at the end of each session. I will accept cash or personal checks (made payable to Jessica Harrell, Ph.D.). I will provide you with an invoice and receipt that you may submit to your health insurance company for reimbursement. Most insurance companies will cover some portion of each session fee.

If my fees increase, you will be notified at least one month before the increase takes effect. Please notify me if any problems arise during the course of therapy regarding your ability to pay.

Cancellation Policy

Because the scheduling of an appointment involves the reservation of time specifically for you, a minimum of 24-hour notice is required for rescheduling or canceling an appointment. The full fee will be charged for sessions missed or canceled without such notification. Unfortunately, most insurance companies do not reimburse for missed sessions.